

SRC

Swiss Resuscitation Council Certificate

For everyone needing basic life-saving skills

Duration: 4 hours (minimum)

Ratio: up to 8 students per course

Audience: summer camp staff, adults working in an environment with children, IB CAS students, MYP students and children over the age of 10

Validity: 2 years

Certification: SRC BLS-AED Complet. Certifying body is the Swiss Resuscitation Council. You receive a credit-card style certificate on the day. Candidates are expected to perform high quality CPR on an adult mannequin over 2 minutes in order to receive the certificate.



Content: Basic Life Support (BLS) including training in:

- ✓ High quality Cardiopulmonary Resuscitation (CPR): adult, child and infant
- ✓ Use of an Automated External Defibrillator (AED) training device
- ✓ Giving information to the emergency services
- ✓ Recognising the signs of a heart attack
- ✓ Recognising the signs of a stroke
- ✓ Dealing with a choking person: adult, child and infant
- ✓ Putting a person into the Safe Airway Position or Recovery Position
- ✓ Downloading of apps to use in case of an emergency

Learning resources:

- ✓ A PDF copy of the course PowerPoint presentation with links to all the videos, websites and apps that we refer to during the course
- ✓ Resuscitation dolls (adult) with Bluetooth QCPR technology for immediate feedback on performance (1 per candidate)
- ✓ Resuscitation dolls: adult, child and infant
- ✓ Automated External Defibrillator training devices (1 per 3 candidates)
- ✓ Choking dolls: adult, child and infant

- ✓ First Aid manuals to use during the course (1 per candidate)
- ✓ SRC printed algorithm handouts

Courses we have run in the past:

1. For staff working in an environment with children and young people
2. For IB CAS students as part of their preparation for their CAS project, the course was spread over 2 days to allow for scenarios outside the classroom
3. For junior students over a 6-week period with a practical test at the end as part of their MYP curriculum

Contact us today for more information and to book your course.